

Laura L. Spring Named to City & State New York's 2025 Above & Beyond: Women List



March 24, 2025 | **PRESS RELEASES**

Lippes Mathias today announced that Laura L. Spring, a partner in the firm's Syracuse office, has been named to City & State New York's 2025 Above & Beyond: Women list. The annual list recognizes women across New York state who are shaping policy, driving change and improving communities through leadership in the public, private and nonprofit sectors.

Spring, who serves as president of the Onondaga County Bar Association, previously held leadership roles with the St. Joseph's Health Foundation, including serving as chair in 2023 and president in 2024. She is recognized among a diverse group of honorees, including public officials, educators, health care professionals and nonprofit leaders. The 2025 edition highlights individuals who are actively working to improve life in New York and features both prominent figures and behind-the-scenes changemakers from across the state.

About Laura L. Spring

Laura L. Spring, a partner in the firm's employment and health care practice teams, concentrates her practice in the areas of labor and employment law, human rights disputes, health law, intellectual property rights and commercial

litigation.

Spring is versed in all aspects of employment law, representing clients before federal and state administrative agencies as well as in federal and state courts, arbitrations and mediations. She advises a wide range of small and midsize businesses on matters involving discrimination laws, wage and hour issues, corporate compliance and human resources management. She negotiates employment contracts, separation agreements, severance agreements, noncompetition agreements and shareholder and partnership agreements for individuals, executives, physicians, employers and employees.

With more than 30 years of litigation experience, she has handled and been involved in numerous complex commercial litigation matters. She also represents licensed professionals before the Office of Professional Misconduct, the Office of Professional Discipline and other administrative agencies.

About Lippes Mathias LLP

Lippes Mathias is a full-service law firm with more than 220 attorneys serving clients regionally, nationally, and internationally. With offices in Buffalo, Clarence, Albany, Long Island, New York, Rochester, Syracuse, and Saratoga Springs, N.Y.; Greater Toronto Area; Chicago, Ill.; Jacksonville and West Palm Beach, Fla.; Cleveland, Ohio; San Antonio, Texas; Oklahoma City, Okla. and Washington, D.C., the firm represents publicly and privately-owned companies, private equity and venture capital firms, independent sponsors, real estate developers, financial institutions, municipalities, governmental entities, and individuals.

Year after year, Lippes Mathias is proud to be recognized by The Best Lawyers in America®, U.S. News - Best Lawyers®, Super Lawyers, and Chambers USA. For more information, visit www.lippes.com.

Related Team



Laura L. Spring

Partner